



NEUROOPTIMAL®
POWERED BY ZENGAR®

SETTING YOUR GOALS

FILL THIS OUT BEFORE YOU START YOUR TRAINING WITH NEUROPTIMAL®

I will know NeurOptimal® is working if....

1.

2.

3.

Put this in an envelope with your Checklist of Concerns and don't look at it until after you have filled in your next set of forms!

www.neurooptimal.com