

Virtual Private mentoring classes (Recommended over 6 weeks)

Those of you wishing to develop your psychic ability (Psychic development for beginners) and would like to book private mentoring classes with me, this can be for yourself or with one other person you choose to book with, I highly recommend you attend at least one of my '**Psychic Circle Tuesdays**' prior to your first class. This is a guided meditation group of like minded people practicing to follow their spiritual path. In this group, I will give you the fundamentals that will help you progress and develop psychic ability to your full potential. This meditation practice is the beginning of every psychic development class and will give you the opportunity to give messages to each other in a safe and non judgemental environment. **Attending Psychic circle Tuesdays** as well as private mentoring will allow you to practice, flourish and learn the fundamentals of psychic development.

In my Private mentoring classes (for beginners), besides learning the fundamentals of psychic development, you will learn the following -

- Psychic development etiquette
- Opening and closing prayer
- Meditation (energy healing opening up all the chakras, with roots from the soles of your feet going through to the earth for grounding, leaving your body and travelling through the night sky, stars and planets. Being guided through an inspirational journey and connecting with your guides.
- Learning how to spiritually protect yourself and connecting with energy
- Using the Oracle cards for readings
- Using the pendulum
- Basic crystal healing

I will email you weekly information to pre read in preparation for the upcoming class. It is an expectation that during the course of the program you will purchase the recommended tools needed (Oracle cards, pendulum and crystals) as mentions above.

Please feel free to contact me with any questions you may have